



Parent Teacher Organization

Did you know that each family at Immaculate Conception school is a General Member of the PTO! Well as a member of the PTO, this allows you to run for any position(s) available in the PTO Board. The PTO Board is made up of the following:

President, Vice-President, Treasurer, Asst. Treasure, Recording Secretary, Corresponding Secretary, Media Advertising, Teacher Representative, Volunteer Coordinator, Fundraising Coordinator, Nominating Coordinator, and At-Large Member(s).

The PTO is planning for the 2015-2016 school year, so we need the positions fill in prior to the end of the year. A description of the positions is available in the PTO Handbook located in the school website under the Parents tab (www.icschoolmonrovia.org/parents). As a member of the PTO Board, all your parent hours are fulfilled! Feel free to send us an email pto@icschoolmonrovia.org.

Thank you, and God Bless.

www.ICSchoolMonrovia.org  [ICSchoolMonrovia](#)  [ICSchoolEvents](#)

IMPORTANT DATES:

Family Mass
Knights of Columbus
Breakfast
5/17

Grizzly Games
5/22

Memorial Day
No School
5/25

Knotts Berry
Farm Trip
5/26

Immaculate Conception Church & School

736 S. Shamrock Ave
Monrovia, CA 91016
icschoolmonrovia.org
(626) 358-5129

Principal: Mr. Jim McMains

PTO President: Raymond Aguirre

MISSION STATEMENT

As educators of Immaculate Conception Catholic School, we believe that the purpose of a Catholic education is to provide a foundation in the Scriptures, Traditions, and ongoing teachings of the Catholic Church. We develop faith based, spiritual, life-long learners, who exemplify the pursuit of excellence in all opportunities found in our global community.

Grizzly Games are here on May 22

The Grizzlies Games (formally the Jog-a-Thon) is coming May 22, 2015. Sponsorships forms have been sent home with the students and prizes will be provided for the students that bring in the most. If you fill out all Grizzle Paws, you will receive a ticket to Knotts Berry Farm!!! The IC Student Council will be forming the games that each Faith Family will participate. However, help during the event will be needed. So parents please let's make this a fun event for all the students and sign up.



PTO Thank Principal Jim

The PTO will like to thank Principal Jim McMains for his time at Immaculate Conception School. Principal McMains will be leaving us at the end of the school year and he will be missed. He brought stability and leadership to the school when it needed it most. The PTO Board and Principal Mr. McMains worked hand in hand to make the school a better and safer school for our students but also to market our school as a place students will want to come.

You will be missed! Thank You.



New Principal for Next Year, Mr. Raphael (Rocky) Domingo

Next school year Mr. Raphael (Rocky) Domingo will be our new principal replacing Mr. McMains.

In our previous General PTO Meeting, Mr. Domingo was introduced and will bring the same energy and dedication as Mr. McMains did to our school.

The PTO Board would like to welcome him to our school.

8TH GRADE WASHINGTON DC TRIP



4TH GRADE SACRAMENTO TRIP



FIRST COMMUNION... CONGRATULATIONS!



Hello IC families! We hope you are all staying cool and finding ways to beat the heat in this unpredictable Southern California weather! This issue will focus on quick tips to protect your family against the dangers of dehydration and heat illness.

Fun fact: Our bodies create a large amount of heat which normally cools when we sweat and heat is released through the skin. However, in very hot weather, our natural cooling system may not work as it should, causing our body heat to reach dangerous levels. This can cause heat illnesses, such as heat cramps, heat exhaustion, or heatstroke.



Heat Cramps are brief, painful muscle cramps that occur during or after vigorous exercise in extreme heat. Kids are particularly at risk for heat cramps when they are not drinking enough fluids. Although painful, heat cramps are not serious. What to do: Find a cool place and drink fluids.

Heat Exhaustion is a more severe heat illness that can happen when someone in very hot conditions has not been drinking enough fluids. Symptoms can include: increased thirst, weakness, fainting, muscle cramps, nausea and/or vomiting, headache, irritability, increased sweating, and cool clammy skin. What to do: Find cool spot, remove extra clothes, drink cool fluids, cool wet cloth on skin, and call doctor.

Heatstroke is the most severe form of heat illness and is a life-threatening medical emergency. In heatstroke, the body is unable to regulate its temperature and can rise to 106°F or higher. Prompt medical treatment is vital. Symptoms can include: severe headache, weakness, dizziness, confusion, nausea, rapid breathing/heartbeat, seizure, flushed, hot, dry skin and temperature of 104°F or higher. What to do: get to cool place, call immediately for medical help.

Prevention is key! Fluids, fluids and more fluids! Beat the heat~ Stay hydrated!

- Teach kids to drink plenty of fluids before activity in hot, sunny weather.
- Dress kids in light colored, loose clothing and use sunscreen when outdoors.
- It is important for children to come indoors, rest and hydrate as soon as they feel overheated.
- Never leave a child inside a car on a hot day, even for a few minutes.

Do you have tips to share with our board? We would love to hear from you! Please email PTO@icschoolmonrovia.org to let us know what healthy tips works for you and your family!

Regards,
Bobbie Hernandez

DISCLAIMER- we are not nutritionists or health professionals just busy parents who love sharing tips! Please use your best judgment to decide what works best for your child.

Sourced from: kidshealth.org, webmd.com